

December 14-18, 2020 (1) Radio Spot

Hello, this is Chris Fritsch, Superintendent of the Pendleton School District.

If the pandemic is having a negative impact on your daily life you are not alone. The Safe & Strong Helpline is an emotional support and resource that can assist both the young and old who are challenged by the stress associated with the pandemic. Help is free and available 24/7. Call 1.800.923.HELP or visit [www.safestrongoregon.org](http://www.safestrongoregon.org)

We are the Pendleton School District; and together, we are committed to every student, every day!