



Outdoor Contact Sports Opt-In Form

Updated 2/16/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer outdoor contact sports for the 2020-21 school year in accordance with the Governor’s February 10, 2021 update to [Outdoor Contact Sports Guidance](#). Once final, this form will be posted to a school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for outdoor contact sports, including high school football, can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Pendleton High School, Pendleton School District, Football
Key Contact Person for this Plan	Mike Somnis, Assistant Principal/Athletic Director
Phone Number of this Person	541.966.3805
Email Address of this person	msomnis@pendletonsd.org
Specify Outdoor Contact Sports Included in this Plan	Football, Dance, and Cheer.
Intended Starting Date for this Plan	Kits have been ordered as of 2/16/2021. In the meantime, kits have been secured from CHI St Anthony Hospital. Each sport will commence according to the current Sector Risk Level Metrics.

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school’s current instructional model and note the date it began.

Plan Details for School Instructional Model

The Pendleton School District has been in Comprehensive Distance Learning since September 1, 2021. Limited In-Person Instruction began in October of 2020. Umatilla County has been in “extreme risk” since November. With the recent ability to use local zip codes in our decision-making, we will be moving to Hybrid at the elementary level on February 22, 2021 and plan to move our secondary schools into Hybrid by March 29, 2021.

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school’s specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon’s K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Students or staff who exhibit symptoms of COVID-19 once on campus will be taken to a private location to either isolate and/or self-test. In either case, the student or staff displaying symptoms will be sent home. For those who either consent or have a signed consent form, will self-administer the test under the supervision of the “test administrator”. All tests will be recorded and reported daily as required.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each outdoor contact sports practice and contest.
- Detail your school’s specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Cohort logs will be kept daily. Coaches and athletes will be screened prior to entering the practice or game facility. Daily logs will be kept on file with the Assistant Principal/Athletic Director for the recommended number of days.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to outdoor contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

All participants will be required to complete and return the waiver prior to being eligible to participate.