



Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority’s Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Pendleton High School/Pendleton School District
Key Contact Person for this Plan	Mike Somnis
Phone Number of this Person	541.966.3807
Email Address of this person	msomnis@pendletonsd.org
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Basketball(Girls/Boys) & Wrestling
Intended Starting Date for this Plan Update	April 30, 2021

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school’s current instructional model and note the date it began.

Plan Details for School Instructional Model

The Pendleton School District secondary schools transitioned from Comprehensive Distance Learning with Limited In-person to the Hybrid Model on March 29, 2021. On April 28, 2021 we announced that we would remain in Hybrid for the remainder of the current school year, due to an increase in cases within both our zip code and county.

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school’s specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon’s K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

We are following the guidance previously provided for on-site testing. Designated adults/coaches have been trained in the testing protocols. All safety equipment has been provided to ensure tests are conducted as intended and keeping the safety of both those administering the test and those being tested.

Students or staff who exhibit symptoms of COVID-19 once on campus will be taken to a private location to either isolate and/or self-test. In either case, the student or staff displaying symptoms will be sent home. For those who either consent or have a signed consent form, will self-administer the test under the supervision of the “test administrator”. All tests will be recorded and reported daily as required.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Our plans are aligned to the guidance material provided. Cohort logs will be kept daily. Coaches and athletes will be screened prior to entering the practice or game facility. Daily logs will be kept with the Assistant Principal/Athletic Director for the recommended number of days.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor fullcontact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Pendleton High School will be using the sample waiver form provided. Students will be required to return signed document prior to continued participation in their respective sports.