

## **Annual Public Notification of Compliance With Board Policy EFA – Local Wellness Program**

**Date:** May 20, 2021

**Updates to Local Wellness Program (Policy EFA) During the Past Year:** There has been no updates or revisions to Policy EFA – Local Wellness Program since adoption by the Board on October 8, 2018.

### **District Level Assessment of Board Policy EFA:**

The District has delineated the roles and responsibilities specific to each school. The school/district specific goals related to nutrition and physical education are aligned with the State of Oregon standards based on level/grade. The policy and goals have been reviewed by the District Wellness Committee. All documents related to Policy EFA and the Wellness Committee have been shared with the public. All documents related to Policy EFA can be found at <https://pendleton.k12.or.us/district-wellness-committee>.

### List of Activities

- Developed Wellness Committee & reviewed Policy EFA
- Shared Policy EFA on district website, which included information regarding how the public can get involved.
- Discussed Policy EFA and EFA-AR with the Key Communicators (community members that meet 3 times per year)
- Age-appropriate nutritional knowledge, skills, and personal habits are posted in all schools and taught through the District health curriculum.
- The District participates in the National School Lunch Program (NSLP), the School Breakfast Program (SBP), Fresh Fruit & Vegetable Program and the Summer Food Service Program.
- The District also operates additional nutrition-related programs such as the Farm to School program and the Future Chefs Challenge.
- The District provides free, safe, unflavored drinking water to all students throughout the school day.
- All food & beverage served outside of the NSLP meets the Oregon Smart Snack Standards.
- Physical activity is included in the schools daily education program for grades pre-K through 12, which includes regular instructional physical education as well as co-curricular activities and recess.
- The District's Celebrations committee has monthly events to promote employee wellness.

The District encourages the public to get involved in the local wellness policy through the participation on the Wellness Committee, emailing comments/questions to the administration or by volunteering at the schools.