COVID and Quarantine Guidelines (as of 1/19/2022)

Fully Vaccinated vs Up to Date:

Fully Vaccinated is 14 days post 2nd dose of either Pfizer or Moderna vaccine, which is good up to six months or up to two months after receiving the J&J vaccine.

Up-to-Date Vaccinated is receiving a booster six months after receiving the second dose of the Pfizer or Moderna vaccine or after two months for the J&J vaccine. *Relative to quarantine rules, up-to-date is only a factor for those 18 years old and older. 17 year olds and younger are not required to have a booster for quarantine purposes.*

Therefore, if you received your initial vaccination for Covid over six months ago for Pfizer and Moderna or over two months ago **and have not received a booster**, you do not meet the "up-to-date" standard **and would be subject to quarantine if you are determined to be a contact**.

General Quarantine Rule Scenarios

Positive Case means you have tested positive for the COVID virus.

Presumed Positive Case means you have two or more symptoms of COVID but have not tested for Covid.

Contact means you have been within 6' for longer than 15 minutes of a person who has been identified as either a positive case or presumed positive case **AND** one or both of you were not wearing a properly fitting face covering.

- 1. You test positive for COVID: Your quarantine is five days from the onset of symptoms. The day of your onset of symptoms is day "0". The following day is Day 1 and so on. Day 5 is your last day of quarantine (if you are symptom free). You can return to work or school on Day 6 (if you are symptom free).
- 2. You are not a positive case, but a household member has tested positive: Your quarantine is the period of the household member that tested positive plus five (5) days. Using the example in scenario #1, your quarantine starts on Day 6 and runs thru Day 7, 8, 9, 10 & 11. You can return to work or school on Day 12 from Day "0" identified in scenario #1. This is usually a total of 10 days.
- 3. You are not a positive case but have been identified as a contact with someone who has tested positive: Your quarantine begins on the day that you came into contact with the person who was positive for COVID. The day of the contact is Day "0", the day after the contact is Day 1, and so on. You can return to work or school on Day 6.

Test to Stay

OHA & ODE approved a test to stay option for contacts **that occurred while at school**. The Pendleton School District has chosen **NOT** to go this route for these reasons:

- 1. It would only apply to a very small number of students while at school, most likely during meal times,
- 2. If you are wearing a face covering at all times while at school, it wouldn't apply,
- 3. The testing requires an immediate test as soon after contact and then one with 3-5 days after exposure, which is oftentimes prior to the District being notified of the case,
- 4. Test supplies are inconsistent, and accuracy of results have been called into question,
- 5. Tracking and monitoring require more staff that are not funded, and
- 6. At this time, it is our understanding that test to stay does not apply to athletics.