

**Annual Public Notification of Compliance  
With Board Policy EFA – Local Wellness Program**

**Date:** April 26, 2023

**Updates to Local Wellness Program (Policy EFA) During the Past Year:** Policy EFA was updated on September 19, 2022, the areas of Nutrition Promotion/Nutrition Education and Physical Activity/Physical Education were expanded to include district-wide goals. A section was added around other district activities that promote student wellness.

**District Level Assessment of Board Policy EFA:**

The District has delineated the roles and responsibilities specific to each school. The school/district specific goals related to nutrition and physical education are aligned with the State of Oregon standards based on level/grade. The policy and goals have been reviewed by the District Wellness Committee. All documents related to Policy EFA and the Wellness Committee have been shared with the public. All documents related to Policy EFA can be found at <https://pendleton.k12.or.us/wellness-committee/>.

**List of Activities**

- Shared Policy EFA on district website, which included information regarding how the public can get involved.
- Discussed Policy EFA and EFA-AR with the Key Communicators (community members that meet 3 times per year)
- Age-appropriate nutritional knowledge, skills, and personal habits are posted in all schools and taught through the District health curriculum.
- The District participates in the National School Lunch Program (NSLP), the School Breakfast Program (SBP), Fresh Fruit & Vegetable Program and the Summer Food Service Program.
- The District also operates additional nutrition-related programs such as the Farm to School program and the Future Chefs Challenge.
- The District provides free, safe, unflavored drinking water to all students throughout the school day.
- All food & beverage served outside of the NSLP meets the Oregon Smart Snack Standards.
- Physical activity is included in the school's daily education program for grades K through 12, which includes regular instructional physical education as well as co-curricular activities and recess.
- The District's Celebrations committee has events to promote employee wellness.
- Received a \$15,000 grant through OEA Choice Trust to promote staff health and well-being.

The District encourages the public to get involved in the local wellness policy through emailing comments/questions to the administration or by volunteering at the schools.