

# **PE / Health Program in PSD**

## **K-5 PE**

Minutes: 150 per week

Curriculum: SPARK Research Based PE Program

Instruction: 3 FTE PE teachers and classroom teachers

## **K-5 Health**

Minutes: 30-45 minutes per week

Curriculum: The Great Body Shop

Instruction: Classroom teachers

## **6-8 PE**

Minutes: 235 minutes per week

Curriculum: Locally developed based on state standards

Instruction: 4 FTE PE teachers

## **6-8 Health**

Minutes: 30-40 minutes per week

Curriculum: Teen Health by McGraw Hill

Instruction: 6<sup>th</sup> grade science and PE teachers

## **9-12 PE**

Minutes: All students required to have 1 PE credit for graduation.

Curriculum: Locally developed based on state standards

Instruction: 4 FTE PE/Health teachers

## **9-12 Health**

Minutes: All students required to have 1 health credit for graduation. Provided in two semester classes taken in different years (Health I and Health II).

Curriculum: Goodheart-Willcox "Comprehensive Health"

Instruction: 4 FTE PE/Health teachers