

Annual Public Notification of Compliance With Board Policy EFA – Local Wellness Program

Date: May 1, 2024

Updates to Local Wellness Program (Policy EFA) During the Past Year: Policy EFA was updated on December 11, 2023, to revise the physical education requirements for upper elementary grades from 225 minutes down to “an average of 150 minutes during each school week, as calculated over the duration of the school year.”

District Level Assessment of Board Policy EFA:

The District has delineated the roles and responsibilities specific to each school. The school/district specific goals related to nutrition and physical education are aligned with the State of Oregon standards based on level/grade. The policy and goals have been reviewed by the District Wellness Committee. All documents related to Policy EFA and the Wellness Committee have been shared with the public. All documents related to Policy EFA can be found at <https://pendleton.k12.or.us/wellness-committee/>.

List of Activities

- Shared Policy EFA on district website, which included information regarding how the public can get involved.
- Age-appropriate nutritional knowledge, skills, and personal habits are posted in all schools and taught through the District health curriculum.
- The District participates in the National School Lunch Program (NSLP), the School Breakfast Program (SBP), Fresh Fruit & Vegetable Program and the Summer Food Service Program.
- The District also operates additional nutrition-related programs such as the Farm to School program and the Future Chefs Challenge.
- The District provides free, safe, unflavored drinking water to all students throughout the school day.
- All food & beverage served outside of the NSLP meets the Oregon Smart Snack Standards.
- Physical activity is included in the school’s daily education program for grades K through 12, which includes regular instructional physical education as well as co-curricular activities and recess.
- The District’s Celebrations committee has events to promote employee wellness.

The District encourages the public to get involved in the local wellness policy through emailing comments/questions to the administration or by volunteering at the schools.