

PE / Health Program in PSD

K-5 PE

Minutes: 150 per week

Curriculum: SPARK Research Based PE Program

Instruction: 3 FTE PE teachers and classroom teachers

K-5 Health

Minutes: 30-45 minutes per week

Curriculum: The Great Body Shop

Instruction: Classroom teachers

6-8 PE

Minutes: 200 minutes per week (minimum 150 minutes)

Curriculum: Locally developed based on state standards

Instruction: 4 FTE PE teachers

6-8 Health

Minutes: 30-40 minutes per week

Curriculum: The Great Body Shop

Instruction: 6th grade science and PE teachers

9-12 PE

Minutes: All students required to have 1 PE credit for graduation.

Curriculum: Locally developed based on state standards

Instruction: 4 FTE PE/Health teachers

9-12 Health

Minutes: All students required to have 1 health credit for graduation. Provided in two semester classes taken in different years (Health I and Health II).

Curriculum: Goodheart-Willcox “Comprehensive Health”

Instruction: 4 FTE PE/Health teachers