

Pendleton School District

Triennial Progress Assessment for Local Wellness Program

2025–2026

Introduction

The Pendleton School District continues to support student health, wellness, and academic success through implementation of Board Policy EFA – Local Wellness Program. The District participates in the National School Lunch Program and School Breakfast Program and is therefore required to complete a triennial assessment of its Local Wellness Policy in accordance with the Healthy, Hunger-Free Kids Act of 2010 and USDA regulations.

The purpose of this assessment is to evaluate:

1. The extent to which schools are in compliance with the Local Wellness Policy;
2. The extent to which the Local Wellness Policy compares to model wellness policies; and
3. The progress made toward attaining the goals of the Local Wellness Policy.

This assessment was completed through collaboration between district administration, food services, staff, school board, school administrators, and the Wellness Committee.

Comparison to Model Wellness Policies

Pendleton School District’s Local Wellness Policy continues to align closely with USDA requirements and model wellness policies recommended by the Alliance for a Healthier Generation and Oregon Department of Education guidance. The policy includes goals and procedures related to:

- Nutrition promotion and nutrition education
- Physical activity and physical education
- School-based wellness activities
- Standards for foods and beverages sold and provided during the school day
- Food and beverage marketing
- Public involvement and transparency
- Periodic review and assessment requirements

The District’s policy remains comprehensive and substantially aligned with federal wellness policy requirements and model policy language.

Progress Toward Wellness Goals

- The District Wellness Committee continues to meet periodically to review wellness goals, discuss compliance requirements, and identify opportunities for improvement.
- Parents, staff, students, and community members are provided opportunities to participate in the wellness process through public notices and district communications.

- Nutrition education opportunities continue to be incorporated throughout district programs and classrooms where appropriate.
- All schools continue to comply with USDA meal pattern requirements and Smart Snacks standards.
- Water remains readily accessible to students during the school day.
- All schools continue to meet Oregon Department of Education minimum physical education instructional minute requirements.
- Schools continue to support social-emotional learning and student wellness initiatives.

School Level Assessment of Board Policy EFA

The district used the following scoring system for evaluating implementation of Board Policy EFA:

- 4 = Goals identified in policy are met
- 3 = Adequate progress toward goals
- 2 = Minimal progress toward goals
- 1 = No progress shown toward goals

Areas of Continued Focus

- Expanding family and community involvement in wellness initiatives;
- Continuing support for social-emotional learning and mental wellness;
- Promoting student participation in healthy meal programs;
- Increasing opportunities for student physical activity and wellness education;
- Maintaining compliance with USDA nutrition standards and wellness policy requirements.

Public Notification

This Triennial Progress Assessment will be made available to the public on the Pendleton School District wellness webpage in accordance with USDA Local School Wellness Policy requirements.

Focus Area	Score	Comments
Nutrition Promotion & Education	4	District continues implementation of nutrition education and promotion activities across schools.
Food & Beverage Marketing	3	Schools continue compliance with Smart Snacks marketing requirements.
Nutrition Guidelines & Food Service Operations	4	Meal programs remain fully compliant with USDA requirements and nutrition standards.
Competitive Food Sales	3	Competitive foods sold during the school day meet required standards.

Other Foods Provided	3	Classroom and school-based food practices continue to align with district guidelines.
Nutritional Staff Development	4	Food service staff continue required training and professional development.
Physical Activity & Physical Education	4	Schools continue to meet PE instructional minute requirements and provide physical activity opportunities.
Social-Emotional Learning	3	Continued progress in implementation of SEL supports and student wellness activities.
Other Activities that Promote Wellness	3	Schools continue staff and student wellness activities with opportunities for future expansion.
Family & Community Involvement	3	Continued efforts to engage families and community stakeholders in wellness initiatives.